

# SIMPLY BLUE OPTIONS

## Understanding Your Options

When buying health insurance coverage for you or your family, it's helpful to have options that give you the coverage that best fits your needs at a manageable monthly cost. On the following pages you'll find information on everything from monthly payments to plan benefits. If you have questions about health insurance in general, or insurance terms used to describe the plan, be sure to refer to the *Finding the Right Plan* guide in your package.

## What is Highmark Simply Blue?

The *Individual Comprehensive Major Medical Non-Gatekeeper Preferred Provider Subscription Agreement Identified as Simply Blue* is right for people who want protection against the high cost of unexpected illness or injury, with a low premium. It is designed to give you coverage at an affordable rate, plus preventive services that can help keep you healthy.

### Key Features:

- Affordable monthly premiums
- Pays 80% in network
- Prescription drug coverage
- Preventive care with no extra cost to you

# CHOOSING YOUR SIMPLY BLUE PLAN

Your first step should be to review both the benefit and monthly rate information in this packet. If *Simply Blue* is the option that best meets your needs, your next step is to complete the enrollment application.

*Simply Blue* is a medically underwritten plan. This means your rate and eligibility for the plan are based on a review of your answers to the medical questions found on the application. You should know that family members age 19 or older are subject to a pre-existing condition limitation. Therefore, you will not receive benefits related to a pre-existing condition during the 12-month period following the date your coverage begins. This applies only for those conditions for which medical advice or treatment was recommended by or received from a physician within a five-year period prior to the date your coverage begins.

It's possible that, because of your medical history, you may not qualify for coverage at the rate indicated on the rate chart. However, you may still be eligible for coverage at one of Highmark's higher rates according to medical criteria ("underwriting guidelines"). We will notify you if you are eligible for coverage and at which rate. If you or a family member – age 19 or older – is not qualified for *Simply Blue*, we will be happy to provide you with information about our other available options.

Rates are based on your gender, age, health status, number of family members and the deductible you choose. Family rates are based on the age of the older family member – who is the contract holder. When the contract holder's age moves to the next age bracket, the premium will increase the month after the contract holder's birthday. For example, if the contract holder turns 35 in January, the monthly premium will increase in February from the "30-34" to the "35-40" age category.

## INDIVIDUAL RATES

Male:  Female:

Individual Annual Deductibles				
Age	\$500 Deductible		\$750 Deductible	
<19	\$64.80	\$64.80	\$63.75	\$63.75
19-24	\$64.80	\$97.25	\$63.75	\$95.55
25-29	\$67.75	\$112.45	\$66.65	\$110.50
30-34	\$77.85	\$123.65	\$76.55	\$121.50
35-39	\$92.80	\$136.20	\$91.25	\$133.75
40-44	\$111.60	\$152.45	\$109.65	\$149.70
45-49	\$140.20	\$171.20	\$137.70	\$168.05
50-54	\$180.65	\$202.55	\$177.35	\$198.85
55-59	\$238.45	\$232.65	\$234.00	\$228.35
60-64	\$322.60	\$274.55	\$316.50	\$269.40

Effective February 1, 2012

# SIMPLY BLUE

## FAMILY RATES

Male:  Female:

Age	Parent/Child	Parent/Children	Husband/Wife	Husband/Wife/Child	Husband/Wife/Children					
<b>\$1,000 Family Annual Deductible</b>										
<19	\$119.60	\$119.60	\$193.10	\$193.10	\$162.05	\$162.05	\$183.65	\$183.65	\$256.90	\$256.90
19-24	\$119.60	\$152.05	\$193.10	\$225.55	\$162.05	\$162.05	\$216.10	\$216.10	\$289.35	\$289.35
25-29	\$122.60	\$167.30	\$196.05	\$240.75	\$180.20	\$180.20	\$234.30	\$234.30	\$307.55	\$307.55
30-34	\$132.70	\$178.50	\$206.15	\$252.00	\$201.50	\$201.50	\$255.60	\$255.60	\$328.85	\$328.85
35-39	\$147.65	\$191.05	\$221.10	\$264.50	\$229.00	\$229.00	\$283.10	\$283.10	\$356.35	\$356.35
40-44	\$166.45	\$207.30	\$239.90	\$280.75	\$264.05	\$264.05	\$318.15	\$318.15	\$391.35	\$391.35
45-49	\$195.05	\$226.00	\$268.55	\$299.50	\$311.40	\$311.40	\$365.50	\$365.50	\$438.75	\$438.75
50-54	\$235.50	\$257.40	\$308.95	\$330.85	\$383.20	\$383.20	\$437.35	\$437.35	\$510.55	\$510.55
55-59	\$293.30	\$287.50	\$366.75	\$361.00	\$471.10	\$471.10	\$525.25	\$525.25	\$598.45	\$598.45
60-64	\$377.45	\$329.40	\$450.90	\$402.85	\$597.15	\$597.15	\$651.30	\$651.30	\$724.50	\$724.50
<b>\$1,500 Family Annual Deductible</b>										
<19	\$117.70	\$117.70	\$189.90	\$189.90	\$159.30	\$159.30	\$180.70	\$180.70	\$252.70	\$252.70
19-24	\$117.70	\$149.50	\$189.90	\$221.70	\$159.30	\$159.30	\$212.55	\$212.55	\$284.50	\$284.50
25-29	\$120.60	\$164.45	\$192.80	\$236.65	\$177.15	\$177.15	\$230.35	\$230.35	\$302.35	\$302.35
30-34	\$130.50	\$175.45	\$202.70	\$247.65	\$198.05	\$198.05	\$251.25	\$251.25	\$323.25	\$323.25
35-39	\$145.20	\$187.70	\$217.40	\$259.90	\$225.00	\$225.00	\$278.20	\$278.20	\$350.20	\$350.20
40-44	\$163.60	\$203.65	\$235.80	\$275.85	\$259.35	\$259.35	\$312.55	\$312.55	\$384.50	\$384.50
45-49	\$191.65	\$222.00	\$263.85	\$294.20	\$305.75	\$305.75	\$359.00	\$359.00	\$430.95	\$430.95
50-54	\$231.30	\$252.75	\$303.50	\$324.95	\$376.20	\$376.20	\$429.40	\$429.40	\$501.35	\$501.35
55-59	\$287.95	\$282.30	\$360.15	\$354.50	\$462.35	\$462.35	\$515.55	\$515.55	\$587.55	\$587.55
60-64	\$370.45	\$323.35	\$442.65	\$395.55	\$585.90	\$585.90	\$639.10	\$639.10	\$711.10	\$711.10

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### Important Benefit Details

- Simply Blue Family Deductible: For an Agreement covering more than one family member, the ENTIRE family deductible must be met (within a Benefit Period) before Highmark will pay for covered services of ANY family member. The family deductible can be satisfied by an individual family member or a combination of one or more family members.
- The Highmark Preventive Service Schedule lists items/services required under the Patient Protection and Affordable Care Act of 2010 (PPACA), as amended. It is reviewed and updated periodically based on the advice of the U.S. Preventive Services Task Force, the laws and regulations of the Commonwealth of Pennsylvania and updates to clinical guidelines established by national medical organizations. Accordingly, the content of the Schedule is subject to change.
- Certain limited prescriptions and over-the-counter drugs prescribed for preventive purposes.
- Network – Premier 2012. Formulary - Progressive. **For Retail 31-day supply:** Formulary Generic \$8; Formulary Brand \$45; Non-Formulary Brand, Non-Formulary Generic, and Formulary Specialty (Limited to a Retail 31-day supply) \$95; Non-Formulary Specialty (Limited to a Retail 31-day supply) 25% coinsurance with \$200 maximum coinsurance. **For Retail 60-day supply:** Formulary Generic \$16; Formulary Brand \$90; Non-Formulary Brand and Non-Formulary Generic \$190. **For Retail 90-day supply:** Formulary Generic \$24; Formulary Brand \$135; Non-Formulary Brand and Non-Formulary Generic \$285. **For Mail Order 90-day supply:** Formulary Generic \$16; Formulary Brand \$90; Non-Formulary Brand, Non-Formulary Generic and Formulary Specialty \$190; Non-Formulary Specialty 25% coinsurance with \$400 maximum coinsurance.
- Basic Diagnostic Services include four types of service: Standard Imaging Service, Laboratory and Pathology, Diagnostic Medical and Allergy Testing. Basic Diagnostic Services require a \$25 copayment per type of service, even when performed during the same visit. Advanced Diagnostic Services include but are not limited to CAT Scan, CTA, MRI, MRA, PET Scan and PET/CT Scan.
- Therapy visit limits include in and out-of-network visits. Physical medicine is limited to 15 visits per contract year. Speech therapy and occupational therapy are a combined 15-visit limit per contract year.
- Spinal manipulations are limited to 10 services per contract year in and out-of-network.